

SEL



Facilitators:

Megan Meyer: IB Foundations megan.meyer@austinisd.org

Patty Young: 7th grade ELA patricia.a.young@austinisd.org



Social Emotional Learning

SEL is a process for helping children and adults develop fundamental skills for life effectiveness. SEL teaches the skills we all need to handle ourselves, our relationships, and our work effectively and ethically.

[SEL at Home](#)

Year 1 [2018-2019]

Circles within Advisory

Year 2 [2019-2020]

Seed Model Campus
Menu of Possibilities
[Virtual Wellness Fair](#)

Year 3 [2020-2021]

Community Building
Advisory Lessons
Wednesday and Friday
SEL Leaders